



RGE Tech Tips from the Field – Client Edition

Topic: PC Tune-ups: Seminar Summary

PC Tune-Ups: Seminar Summary

Give Your Computer a Spa Day — Not an ER Visit

Presented by Red Glen Electronics (RGE)

What This Seminar Is Really About

Most computers don't slow down because they're "broken" or obsolete. They slow down because they're **overworked, cluttered, dusty, or overdue for routine care.**

The goal of this seminar is **to build confidence and good judgment, not to turn** anyone into their own IT department.

The #1 Fix in Technology

Restarting your computer regularly solves more everyday problems than any other step we discussed.

- Closing the lid = a short nap
- Restarting = a deep reset that clears built-up glitches

Rule of thumb: Restart at least **once a week.**

Why Computers Feel Slow

Slow usually does **not** mean broken.

Most slowdowns come from:

- Too many programs running at once
- Too many browser tabs left open
- Programs starting automatically in the background
- Skipped updates

Overloaded doesn't mean dying — it means tired.

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Updates & Security (Without the Panic)

Updates are compared to **flu shots for your computer**:

- They protect against hackers
- Fix hidden problems
- Improve stability

Security is about **good habits**, not fear.

One good antivirus program is enough — and it should update quietly in the background.

⚠ Important:

Installing, removing, or changing antivirus software should be done **with tech guidance**.

What's Safe to Do Yourself

These habits are safe for everyone:

- Restart weekly
- Close unused browser tabs
- Install updates when prompted
- Empty the Trash / Recycle Bin
- Gently clean dust from the outside of the computer

Doing just these things prevents most significant problems.



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What Requires Tech Assistance

Some tune-ups sound simple, but **should not be experimented with**:

- Startup programs
- Program uninstalls
- Browser cache clearing
- Antivirus changes

These steps are helpful—but best handled with tech support to avoid unintended problems like lost passwords, missing programs, or security issues.

Repair or Replace?

A simple guideline:

- **Under 5 years old:** Usually worth a tune-up
- **Over 5+ years old:** Hardware may be outdated

That's not failure — that's time doing its thing.

The Grandchild Test:

If a grandchild can make it run faster, it needs a tune-up.
If they call it a museum piece, it may be time to replace it.

The Most Important Takeaway

You don't need to know *how* to do everything —
you need to know **when to stop and ask for help**.



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Next Step: Tech Tuesday

If any of today's topics raised questions — or if you'd like help with the tech-assisted items:

👉 **Stop at the front desk today**
and schedule a **"Tech Tuesday" appointment** 🖥️

A few minutes with a tech person beats hours of frustration later.

Final Thought

Technology should serve you — not intimidate you.
You're the boss of your computer.

A little routine care — and knowing when to ask for help — keeps your computer running smoothly and out of the ER.