

iPhone Essentials Intro 101 — Part 3

Make It Yours • Make It Safe • Make It Useful

Red Glen Electronics – Middletown, CT
A Boomer Helping Fellow Boomers
May 2026



860-776-3306



RGE4Help@gmail.com



www.redglenelectronics.com

📅 MODULE 1

Welcome, Context & Expectations

Today marks an important milestone in your iPhone journey. We're building on everything you've learned so far and taking the next step toward true ownership of your device. This session is designed to help you feel confident, safe, and in control.



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Welcome, Cromwell Senior Center (CSC) Members

A friendly, practical introduction to iPhone 101 – Part 3

— no jargon, no pressure, and no tests!



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Meet Jim Kallaugher: **CSC Member & Volunteer**



Red Glen Electronics

Founder and operator, with friendly “**Home Tech Help for Hire**” for Boomers.



Weekly Tech Tuesdays

Volunteer tech support and guidance to community members on Tuesday afternoons.



Monthly Tech Presentations

Conduct **tech topic seminars** for better understanding & to encourage confidence

With 25+ years of experience making technology clear, simple, and accessible.



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Welcome to iPhone 101, Part 3



iPhone Essentials Intro 101

Your comprehensive guide to mastering the fundamentals



Part 3 Focus

Make It Yours • Make It Safe • Make It Useful



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Welcome back, everyone — I'm really glad you're here. Today is Part 3, the final chapter in our spring iPhone Essentials trilogy.

In Part 1, we focused on getting comfortable with the phone — learning that it's not fragile and that curiosity is safe. In Part 2, we tackled photos and finding things again — two of the most common sources of frustration.

Today is different. Today is about ownership. This is where your iPhone stops feeling like a mystery and starts feeling like your tool — something that works for you, protects you, and supports how you live.



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Before We Go Further — One Important Reminder

- You don't need to do everything today
- Many items are “good to know,” not “must do.”
- You can revisit this session anytime in the archives
- Help is always available

“Some of this is for today, some of this is for later — and some of it is just so nothing surprises you.”



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How This Series Evolved



01

Original Plan

Two comprehensive sessions covering all essentials

02

Listening to You

Your thoughtful questions revealed we needed more time

03

Better Approach

Expanded to three parts for optimal pacing and retention



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How Today Fits In

Part 1: Getting Comfortable

Building the foundation — learning that your iPhone is safe to explore and that curiosity won't break anything.

Part 2: Photos & Finding Things

Organizing the rooms — mastering the two most common pain points for new iPhone users.

Part 3: Ownership, Usefulness & Safety

Moving in and making it yours — adjusting settings, protecting your information, and gaining confidence.



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No Pressure, Just Support

Today will feel much more familiar if you've seen Parts 1 and 2, but there's no penalty if you missed them.

RGE Seminar Archives
Available anytime at your own pace

Watch & Re-watch
Many find that viewing sessions multiple times helps everything sink in



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What Today Will (and Won't) Do

✓ What We Will Do

- Build your confidence with everyday features
- Focus on safety and peace of mind
- Cover staying connected and protecting information
- Make your phone easier and more useful

X What We Won't Do

- Rush through complex topics
- Overwhelm you with advanced settings
- Focus on hidden tricks you don't need
- Make you feel pressured or behind



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🔑 MODULE 2

Apple ID: The Key to the iPhone

Your Apple ID is the single most important account on your iPhone. Understanding it removes mystery and prevents many common problems. Let's explore what it is, why it matters, and how to manage it with confidence.



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What Is an Apple ID?

Your Main iPhone Account

Think of it as your identity with Apple — it's how Apple knows who you are across all their services.

Not an App You Open

You won't find an "Apple ID" app on your home screen. It works quietly in the background.

Required for Key Features

Many essential iPhone features depend on having an Apple ID properly set up and signed in.



Why Apple ID Matters



Downloading Apps

Every app you download from the App Store requires your Apple ID. It's how Apple keeps track of what you own.



Saving Photos

iCloud Photos uses your Apple ID to back up and sync your precious memories across devices.



FaceTime Calls

Video calls with family and friends work through your Apple ID — it's how people reach you.



Find My iPhone

If your phone gets lost, Find My iPhone uses your Apple ID to help you locate it and keep it secure.



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Apple ID Safety & Hygiene



One Apple ID Per Person

Each person should have their own Apple ID, even within families. Sharing accounts creates confusion and sometimes permanent problems.



Never Share Passwords

Your Apple ID password is private — not even family members should use it. Sharing passwords compromises security.



Store Information Safely

Write down your Apple ID and password. Keep them somewhere safe like a locked drawer or password notebook.

Remember: Everyone Forgets

Writing down your login information isn't a sign of weakness — it's smart planning. You're not forgetful, you're prepared.



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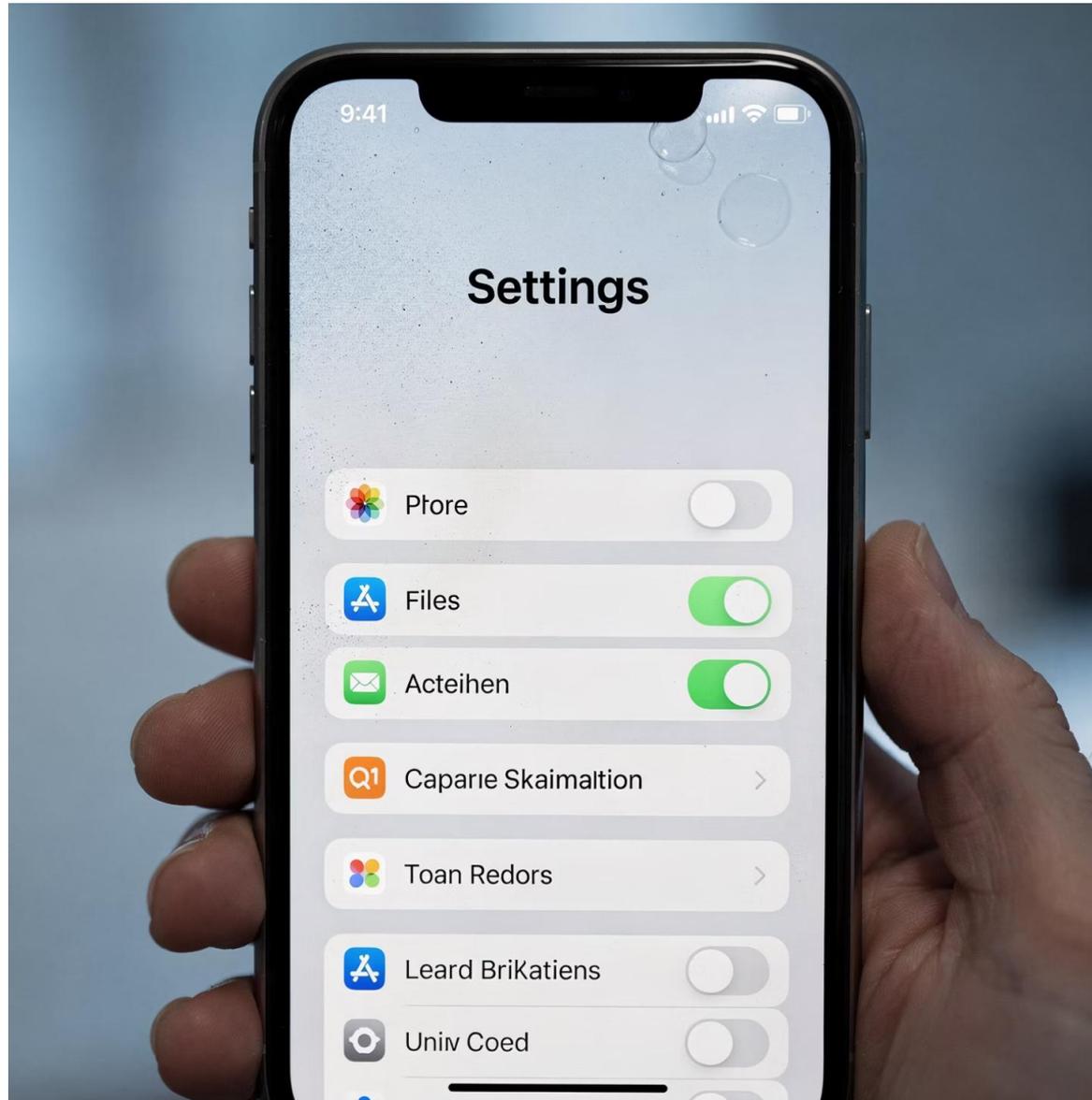


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Where to Find Your Apple ID



- 1** Open Settings
Tap the gray gear icon on your home screen labeled "Settings"
- 2** Look at the Top
Your name appears at the very top of the Settings screen
- 3** That's Your Apple ID
The email address shown there is your Apple ID username

Common Apple ID Confusions

"My son set this up for me, and I don't know what email he used."

"I think I have multiple Apple IDs, but I'm not sure which one is the right one."

"I created a new Apple ID because I forgot my password, and now nothing works."

I hear these situations all the time: "My son set this up for me," or "I don't remember which email I used," or "I think I created more than one account."

These situations are very common — and they are fixable. The important thing is not to guess or keep creating new accounts. Each new Apple ID creates more problems, not fewer. If you're unsure, ask for help before making changes. There's no shame in needing assistance with this — it's actually the smart move.



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📶 MODULE 3

Wi-Fi: Staying Connected Calmly

Wi-Fi is one of those things that feels mysterious until someone explains it clearly. Let's remove the mystery and help you understand how to connect, stay connected, and troubleshoot calmly when things go wrong.



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What Wi-Fi Actually Is

Internet Connection

Wi-Fi connects your iPhone to the internet through a wireless router — usually in your home or a public location like a coffee shop.

Different from Cellular Data

Cellular data comes from your phone plan through cell towers. Wi-Fi comes from your home internet service or public networks.



Connecting to Wi-Fi

1

Open Settings

Tap the gray gear icon

2

Tap Wi-Fi

Near the top of Settings

3

Choose Network

Select your network name

4

Enter Password

Type carefully — capitals and spaces matter

Take Your Time

Wi-Fi passwords can be long and tricky. There's no rush — double-check each character before tapping "Join." Capital letters, numbers, and special symbols all matter.



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How to Tell If You're Connected



Wi-Fi Symbol at the Top

Look for the curved lines that look like a fan in the upper-left corner of your screen. That's the Wi-Fi indicator.

Checkmark on Network Name

In Settings under Wi-Fi, your connected network will have a blue checkmark next to it.

Apps Load Smoothly

When Wi-Fi is working, apps open quickly and content loads without delays or error messages.

Common Wi-Fi Problems



Wrong Password

The most common issue — one wrong character prevents connection. Try retyping slowly and carefully.



Out of Range

Wi-Fi signals weaken with distance. If you're far from the router or in another room, the signal may be too weak.



Router Needs Restarting

Routers occasionally need to be unplugged for 30 seconds and plugged back in — this fixes many problems.



Internet Service Issue

Sometimes the problem isn't your phone or router — your internet service provider may be having problems.



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When Wi-Fi "Breaks"

Don't Panic

Wi-Fi issues are usually temporary and fixable. Take a breath before taking action.

Don't Delete Apps

Deleting apps won't fix Wi-Fi problems — it just creates more work when you have to reinstall them later.

Don't Reset Settings

Resetting network settings erases all your saved Wi-Fi networks and passwords — avoid this unless guided by tech support.

Ask for Help Early

Getting help sooner rather than later saves time, prevents frustration, and often fixes the problem in minutes.

When Wi-Fi stops working, pause first. Deleting apps or resetting settings usually makes things worse, not better. Most Wi-Fi problems have simple solutions — you just need to know where to look or who to ask. Asking for help early saves time and stress.



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Email on Your iPhone

Why Email on iPhone Matters

Email is often how companies verify accounts, send important notices, and communicate with you about bills and services. Having it set up properly helps everything else work smoothly.

- Bills and Statements

Banks, utilities, and other services send important documents via email

- App Recovery

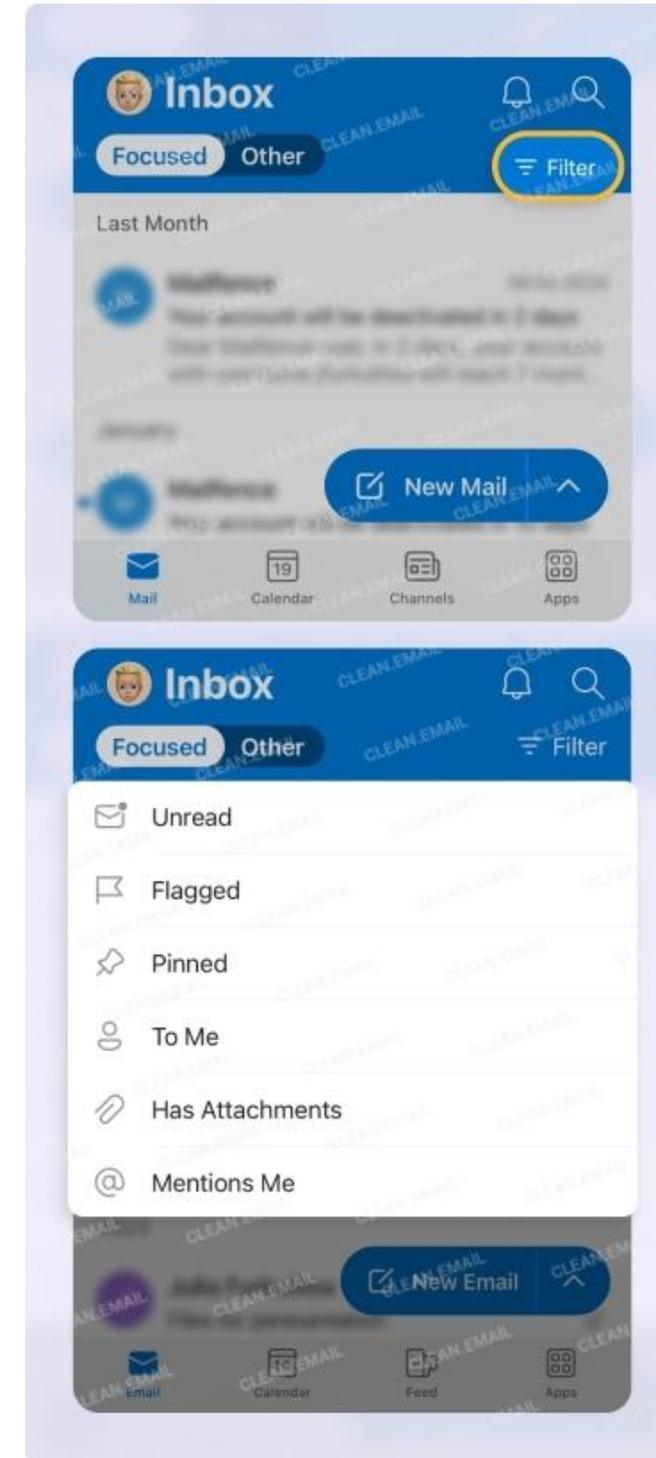
Many apps use email to verify your identity and help you recover passwords

- Family Messages

Email remains a reliable way to stay in touch with loved ones

Opening Email Is Always Safe

You can't harm your iPhone just by opening and reading an email. The danger comes from clicking suspicious links or downloading unexpected attachments — but we'll cover that together.



Module 5 — FaceTime & Apps



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Slide 21

What FaceTime Is (and Isn't)

Video & audio calls

Apple devices only



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Slide 22

Using FaceTime

- Start a call
- Answer a call
- Camera optional

Slide 23

The App Store Explained

Official app source

Apps should only come from the App Store.

Avoid pop-ups

Pop-ups asking you to download software should be ignored.



Slide 24

Downloading Apps Safely

01

Tap Get

02

Use Face ID or password

 **Face ID and passwords prevent accidental or unwanted downloads.**



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Managing Apps

Apps move

Apps don't usually disappear — they move.

Deleting removes app

Deleting removes them completely, so it's okay to pause and ask first.



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Slide 26

App Confidence Rule

Fewer apps = less confusion



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Module 6

Accessibility & Safety



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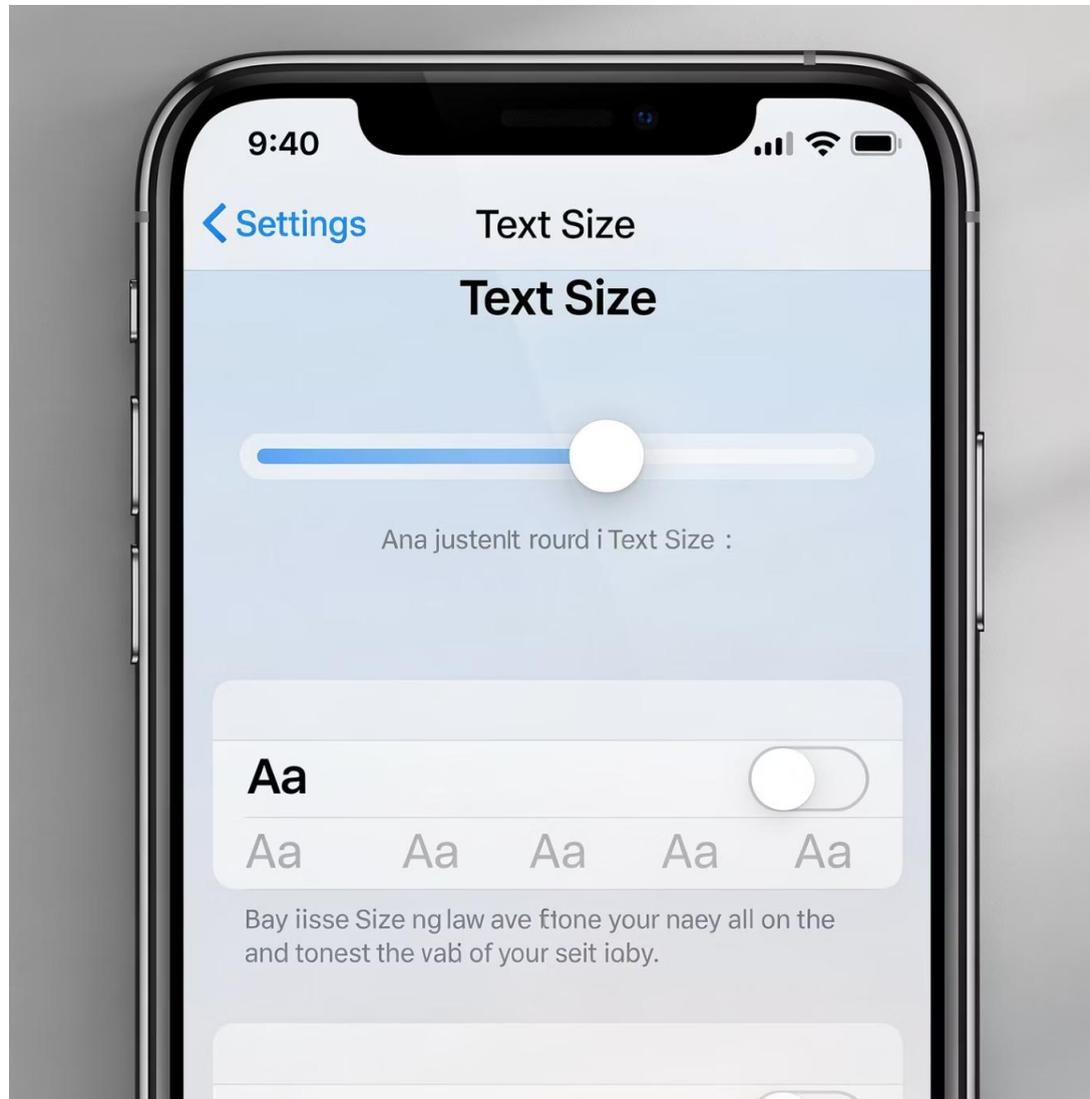
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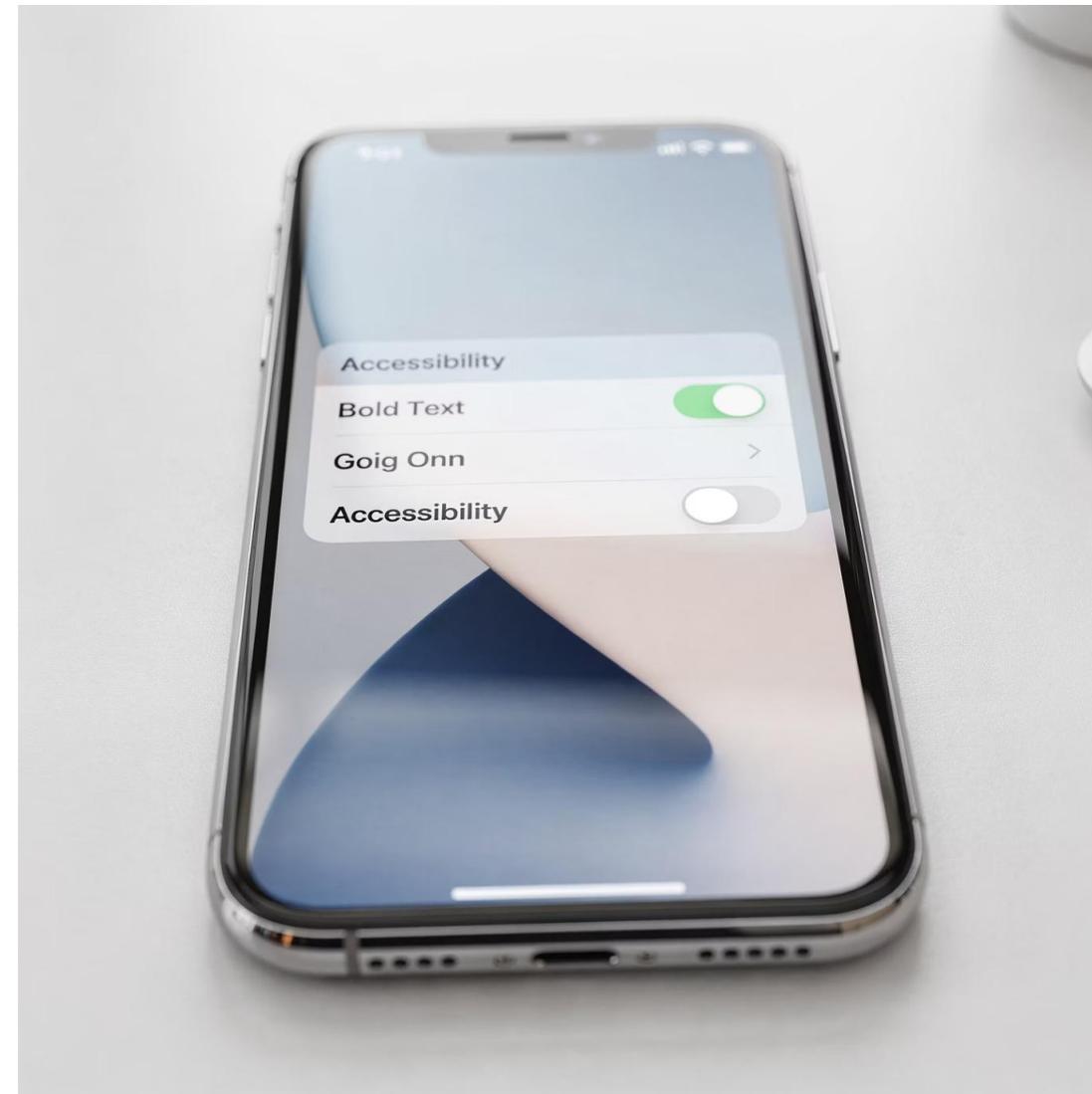
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Making the iPhone Easier to See

Larger text



Bold text



Slide 28

Zoom & Voice Assistance



Zoom

Magnify any part of your screen for easier viewing.



VoiceOver

Have your iPhone read screen content aloud to you.



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Slide 29

Passcodes & Face ID



Protects your phone



Easier unlocking

Security can be both strong and convenient at the same time.



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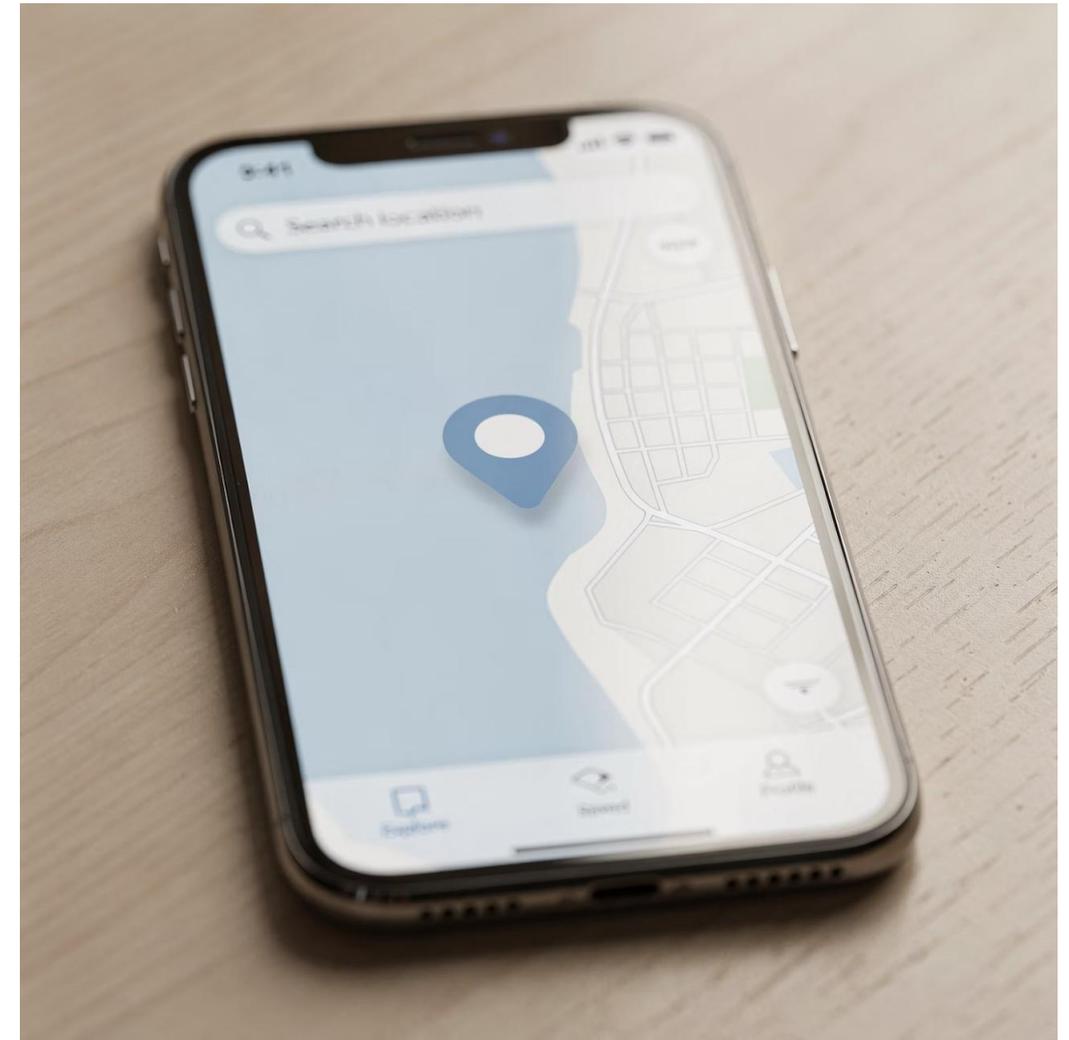
Slide 30

Find My iPhone

Locate lost phone

Track your device on a map if it goes missing.

Peace of mind



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Slide 31

Privacy & Permissions



Location

Control which apps can see where you are.



Camera

Decide which apps can access your camera.



Microphone

Choose which apps can use your microphone.

You are always in control of what apps can access. You can change permissions anytime.



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Slide 32

Safety Summary



Protect yourself



Stay calm

 **Safety is about habits, not fear.**



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Wrap-Up

Part 3



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Slide 33

What You Can Do Now

Customize your phone

Communicate confidently

Stay safe

You now have the tools to use your iPhone with confidence and calm.



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Slide 34

Catching Up If Needed

Review Parts 1 & 2

Go back anytime to refresh your memory.

Archives available

All previous sessions are saved for you.

The archives are there to support you — not to test you.



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Slide 35

Support Options



Free Tech Tuesday 1-on-1s

Get personalized help on your schedule.



Optional in-home help

Assistance available in the comfort of your home.

Help is always available when you want it.



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Slide 36

Final Reassurance

You're not behind

You're in control

You didn't break anything. You learned step by step — and now you truly own your iPhone.



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You're More Capable Than You Think

You've learned so much already. Take a moment to recognize your progress — you can now customize your phone to fit your needs, communicate with friends and family confidently, and use your device safely in a way that works for you. These aren't small accomplishments. They're real skills that expand your world.



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Pause and Notice the Difference



You Know More

Your understanding has grown
with each lesson

You Feel Calmer

Uncertainty has given way to
confidence

You Know Where to Get Help

Resources and support are at your fingertips



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Review & Reinforcement



Forgetting Is Normal

Your brain is processing a lot of new information. Be patient with yourself.



Rewatching Helps

Going through lessons again reinforces what you've learned and fills in gaps.



Clarity Comes With Time

Understanding deepens gradually. Each review brings more confidence.



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Catching Up If Needed

Missed a Session?

No problem at all. Life happens, and that's perfectly okay. These lessons aren't going anywhere, and there's no deadline hanging over you. You can pick up right where you left off, or start fresh if that feels better. Learning at your own pace isn't just allowed – it's encouraged.



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How to Use the Archives

Think of the archives as your personal support library. They're designed to work around your schedule and learning style. Pause when you need time to practice. Rewind when something didn't quite click the first time. Skip around to focus on what matters most to you right now. This flexibility puts you in control of your learning journey.



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Support Options Available to You



Free Tech Tuesdays

Drop in for quick questions, troubleshooting help, or just a friendly conversation about technology challenges you're facing.



Optional In-Home Support

Sometimes hands-on help in your own space makes all the difference. Personalized assistance is available when you need it.

You're not on your own in this learning process. Help is always within reach.



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When to Ask for Help



Don't wait until frustration builds. Reach out early when something feels off. Ask for help when a task seems confusing, when you're feeling frustrated with a feature, or when something feels risky or unsafe. These are exactly the right moments to connect with support – not signs of failure, but smart moves toward success.

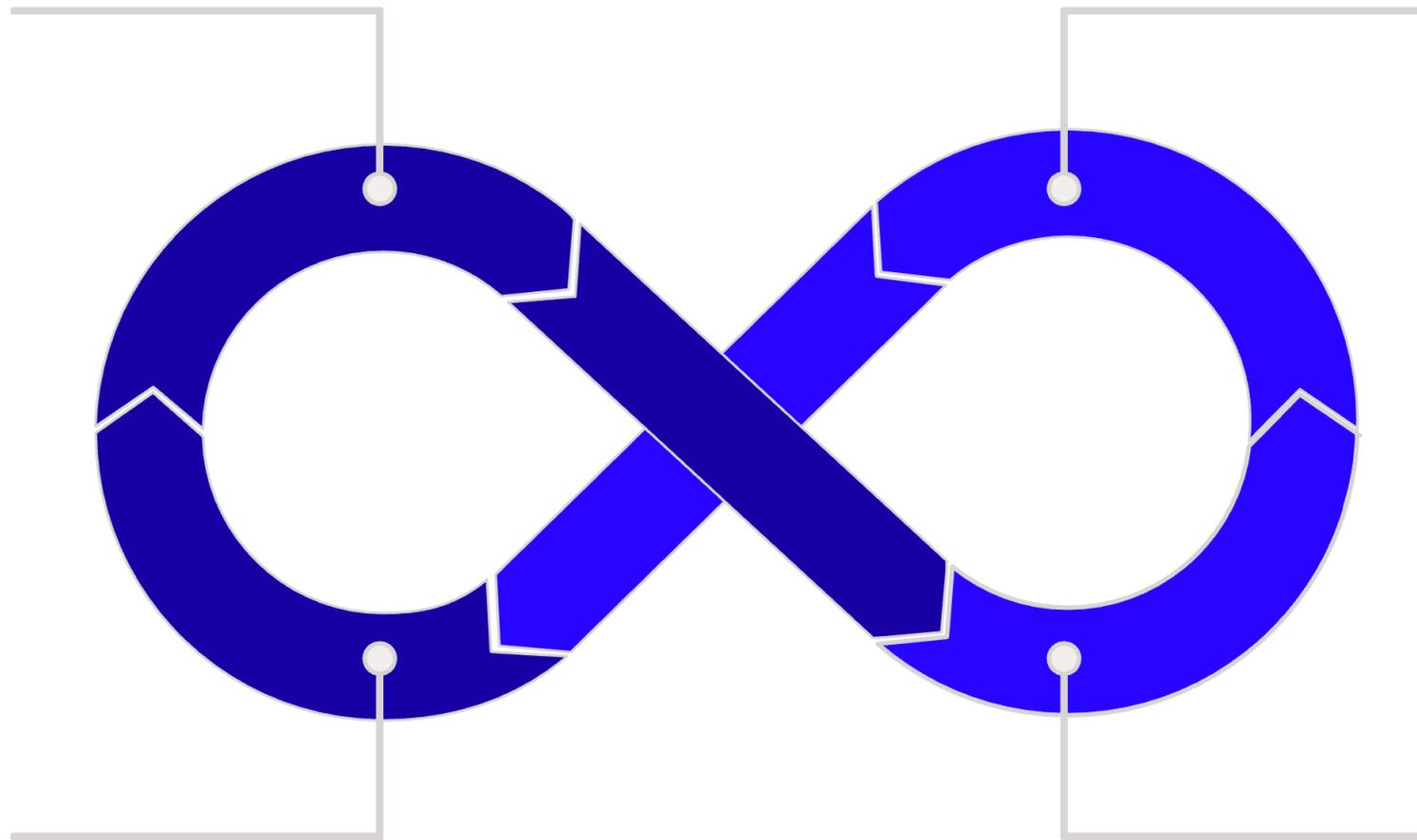
Learning Is an Ongoing Journey

Technology Changes

You Adapt

Keep Learning

Confidence Grows



Technology keeps evolving, and that's actually okay. You don't need to master every new feature or update. What matters is adapting calmly to changes that affect how you use your phone. Each time you work through something new, you build resilience and problem-solving skills that make the next change easier.



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What This Series Focused On



Comfort

Feeling at ease with your device,
reducing anxiety around technology.



Understanding

Building real knowledge of how your
phone works and why.



Ownership

Taking control of your device and
making it work for your life.



Thank You for Being Here

Thank you for showing up to each session, for asking thoughtful questions when things weren't clear, and for trusting the process even when it felt challenging. Your willingness to learn and grow has been inspiring.

IPHONE ESSENTIALS INTRO 101 – PART 3 COMPLETE



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